



**International
Diabetes
Federation**



International Update on
Gestational Diabetes Mellitus:
Learnings from the WINGS project

Saturday 26th & Sunday 27th September, 2015
at
Hilton Chennai
Guindy, Chennai

PROGRAMME HIGHLIGHTS

8:00 a.m	REGISTRATION
9.00 - 10.20 a.m	SCIENTIFIC SESSION I: The burden of Gestational Diabetes Mellitus (GDM) Chairpersons: Dr. Walfrido W. Sumpaico & Dr. David Cavan
9.00 - 9.20 a.m	Dr. Gojka Roglic - WHO classification and diagnostic criteria for hyperglycaemia first detected in pregnancy
9.25 - 9.45 a.m	Dr. Shaukat Sadikot - Tackling the diabetes epidemic in India- GDM as a window of opportunity
9.50 - 10.10 a.m	Dr. Andrew A. Bremer - Obesity, body mass index and GDM
10.10 - 10.20 a.m	Question & Answer session
10.20 - 10.40 a.m	TEA/COFFEE BREAK
10.45 - 12.00 noon	INAUGURAL FUNCTION Chief Guest: Dr. J. Radhakrishnan - Secretary to Govt., Health and Family Welfare Department, Govt. of Tamil Nadu Guests of Honour: Dr. Shaukat Sadikot - President-Elect, International Diabetes Federation Dr. K. Kolandaswamy - Director, Public Health & Preventive Medicine, Govt. of Tamil Nadu Dr. S. Geethalakshmi - Director, Medical Education, Govt. of Tamil Nadu Dr. D. Shantaram - Vice Chancellor, The Tamil Nadu Dr. MGR Medical University Dr. Jerard M. Selvam - State Program Officer (NCD), Tamil Nadu Health System Projects, Govt. of Tamil Nadu Mr. Andy Wilson - Vice President, Abbott Fund, Tanzania Conferment of DMDSC Lifetime Contribution Award to Dr. V. Seshiah - Chairman, Dr. V. Seshiah Diabetes Care & Research Institute Conferment of MDRF Gold Medal oration Award to Dr. Donald R. Coustan - Director, Maternal-Fetal Medicine Division, Women & Infants Hospital of Rhode Island, Rhode Island, USA
12.05 - 12.35 p.m.	MDRF GOLD MEDAL ORATION Chairpersons: Dr. V. Mohan & Dr. Sarita Bajaj Orator: Dr. Donald R. Coustan Topic: Diagnosis of GDM : The need for an International Consensus
12.40 - 1.35 p.m	SCIENTIFIC SESSION II : The IDF WINGS project on GDM Chairpersons: Ms. Anne Belton & Dr. Shaukat Sadikot
12.40 - 1.00 p.m	Dr. Belma Malanda - Introduction to the WINGS Project
1.05 - 1.25 p.m	Dr. A. Kayal - Methodology of the WINGS Project
1.25 - 1.35 p.m	Question & Answer session
1.35 - 2.15 p.m	LUNCH BREAK

2.15 - 3.40 p.m	SCIENTIFIC SESSION III : The IDF WINGS project on GDM Chairpersons: Dr. Gojka Roglic & Dr. Donald R. Coustan	
2.15 - 2.35 p.m	Dr. Ranjit Unnikrishnan - Practice patterns of GDM in India - The WINGS project	
2.40 - 3.00 p.m	Dr. V. Mohan - Screening and diagnosis of GDM - Lessons from The WINGS Project	
3.05 - 3.25 p.m	Dr. R. M. Anjana - Physical activity and dietary patterns of pregnant women in India - The WINGS project	
3.25 - 3.40 p.m	Question & Answer session	
3.40 - 4.00 p.m	MOBILITY & TEA/COFFEE BREAK	
4.05 - 5.00 p.m	PRISCILLA WHITE HALL	JOHN B. O'SULLIVAN HALL
	SCIENTIFIC SESSION IV: Addressing the challenges in low/middle income countries Chairpersons: Dr. Shashank R. Joshi & Dr. Uma Ram	CASE DISCUSSIONS Clinical challenges in managing GDM Moderators: Dr. Usha Sriram & Dr. Ranjit Unnikrishnan
4.05 - 4.25 p.m	Dr. Sonak D. Pastakia - Challenges of screening for GDM in low-resource settings	Case Study I: Discussants: Dr. Sunil Gupta, Dr. N. Bhavatharini & Dr. Anitha Parthasarathy
4.30 - 4.50 p.m	Dr. Anil Kapur - Barriers to the implementation of GDM programmes in India - The FIGO GDM initiative	Case Study II: Discussants: Dr. Rekha Kurian, Dr. S. Nallaperumal, Dr. Mangesh Tiwaskar & Dr. C. Geetha Haripriya
4.50 - 5.00 p.m	Question & Answer session	Question & Answer session
5.05 - 6.00 p.m	SCIENTIFIC SESSION V : Managing gestational diabetes Chairpersons: Dr. Ranjit Unnikrishnan & Dr. Sunil Gupta	SCIENTIFIC SESSION VI : Foetal monitoring in GDM Chairpersons: Dr. Rekha Kurian & Dr. V. Lakshmi
	5.05 - 5.25 p.m	Dr. Shashank R. Joshi - Challenges in nutritional therapy of GDM
5.30 - 5.50 p.m	Dr. Saravanan Ponnusamy - Targets and strategies in GDM management	Dr. S. Suresh - Monitoring the fetus in a GDM pregnancy
5.50 - 6.00 p.m	Question & Answer session	Question & Answer session
6.05 - 7.00 p.m	PUBLIC FORUM ON GESTATIONAL DIABETES Expert panel: Dr. Donald R. Coustan, Dr. Andrew A. Bremer, Ms. Anne Belton, Dr. Uma M. Reddy, Dr. Walfrido W. Sumpaico, Dr. Shaukat Sadikot, Dr. V. Mohan, Dr. Usha Sriram, Dr. Uma Ram	
7.00 p.m	Gala Dinner	

9.00 - 9.25 a.m	SCIENTIFIC SESSION VII: GDM: Need for partnership and collaborators Chairpersons: Dr. C. S. Yajnik & Dr. Usha Sriram	
9.00 - 9.20 a.m	Dr. David Cavan - The IDF's vision on women and diabetes	
9.20 - 9.25 a.m	Question & Answer session	
9.30 - 10.55 a.m	SCIENTIFIC SESSION VIII: Delivery & Beyond Chairpersons: Dr. Ambrish Mithal & Dr. S. R. Aravind	
9.30 - 9.50 a.m	Dr. Walfrido W. Sumpaico - Intra partum care and shoulder dystocia management	
9.55 - 10.15 a.m	Dr. C. S. Yajnik - Foetal origins of adult diseases	
10.20 - 10.40 a.m	Dr. Nikhil Tandon - Glycemic status of Indian women with previous GDM	
10.40 - 10.55 a.m	Question & Answer session	
10.55 - 11.15 a.m	MOBILITY & TEA/COFFEE BREAK	
	PRISCILLA WHITE HALL	JOHN B. O'SULLIVAN HALL
11.20 - 12.45 p.m	SCIENTIFIC SESSION IX : Insulin and OHAs Chairpersons: Dr. Sonak D. Pastakia & Dr. R.M. Anjana	SCIENTIFIC SESSION X : Foetal & Neonatal Care Chairpersons: Dr. Anitha Parthasarathy & Dr. Uma Ram
11.20 - 11.40 a.m	Dr. Sarita Bajaj - Insulin in GDM - When, which and how?	Dr. Tarakeshwari .S - Challenges in managing a pregnancy in diabetic individual
11.45 - 12.05 p.m	Dr. Rajeev Chawla - Oral Hypoglycemic agents in GDM - Is there a role?	Dr. Rekha Samuel - Placental Studies in GDM
12.10 - 12.30 p.m	Dr. S.R. Aravind - Use of insulin pump in pregnancy - When and how?	Dr. V. Lakshmi - Neonatal concerns
12.30 - 12.45 p.m	Question & Answer Session	Question & Answer Session
12.45 - 1.25 p.m	LUNCH BREAK	
1.25 - 2.50 p.m	SCIENTIFIC SESSION XI: The GDM Potpourri Chairpersons: Dr. Saravanan Ponnusamy & Dr. Nikhil Tandon	
1.25 - 1.45 p.m	Prof. Subhankar Chowdhury - The PCOS - GDM connection	
1.50 - 2.10 p.m	Dr. Ambrish Mithal - Prevention and control of GDM through social empowerment	
2.15 - 2.35 p.m	Dr. Uma M. Reddy - Research in GDM - Need and opportunities	
2.35 - 2.50 p.m	Question & Answer session	

2.55 - 3.50 p.m	SCIENTIFIC SESSION XII: The IDF WINGS project on GDM Chairpersons: Dr. Donald R. Coustan & Dr. Uma M. Reddy
2.55 - 3.15 p.m	Dr. Uma Ram - Obstetric outcomes - Results from the WINGS study
3.20 - 3.40 p.m	Dr. Usha Sriram - Post partum care - Follow up of GDM women: Results from the WINGS Project
3.40 - 3.50 p.m	Question & Answer Session
3.50 - 4.10 p.m	MOBILITY & TEA/COFFEE BREAK
4.15 - 4.40 p.m	Education tools for the management of GDM Chairpersons: Dr. Andrew A. Bremer & Dr.Sonak D. Pastakia
4.15 - 4.25 p.m	Dr. Belma Malanda & A. Kayal - The WINGS Educational Tool Kit for GDM
4.30 - 4.40 p.m	Dr. Sandeep Bhalla - Training modules for health care professionals
4.45 - 5.15 p.m	Concluding remarks - Call for action - Dr. V. Mohan and Ms. Anne Belton

Organizers

Dr. V. Mohan
Dr. Uma Ram
Dr. Usha Sriram
Dr. R.M. Anjana
Dr. R. Guha Pradeepa

Ms. Anne Belton
Dr. Belma Malanda
Dr. A. Kayal

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